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## Welcome to...



This booklet contains the picture instructions that you will need to follow in order to create your stunning bouquet or arrangement of 48 multi-coloured foam flowers, including designs for eight different types of flower; daisy, primrose, edelweiss, gerbera, daffodil, dahlia, orchid and poppy.

There's no need for glue or even scissors! It all just pops apart and goes creatively together! The flowers can also be taken apart and remade in different creative designs!

Once you have finished, you could tie the full bouquet together - or why not arrange the flowers in a small plant pot with an oasis inside?

Here is all of the information that you will need. Follow the illustrations, read up on the flower facts and impress everyone with your knowledge of the flowers that you have created!

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## Primrose



Tips

- Primroses have large,
round, dark green leaves.

The Primrose, also known as primula, is actually part of the herb family and has over 400 types of species!

The primrose usually flowers during the spring and can come in many different colours including purple, yellow, red, pink and white.

The primrose is a favourite food of both caterpillars and butterflies!


The Daisy, also known as bellis perennis, can be seen in many gardens and park lawns. This simple little flower usually has a yellow centre and white flowers around it.

In ancient Rome, the surgeons who accompanied Roman legions into battle would order their slaves to pick sacks full of daisies in order to extract their juices. Bandages were soaked in this juice and would then be used to bind cuts.

Daisies have traditionally been used for making daisy chains in children's games.

## Gerbera



Tips

- Gerberas are very bright flowers, so use the brightest colours in your set.
- Geberas have large dark green leaves.

The Gerbera, a flower from the sunflower family, has over 30 different types of species growing in many different countries all around the world.

Gerberas are very popular flowers which are widely used as a decorative garden plant or as cut flowers. They vary greatly in size and the most common colours include yellow, orange, red, pink and white.

The centre of the flower is sometimes black and often the flower can have petals of several different colours!

## Edelweiss

The Edelweiss is one of the best-known
European mountain flowers, belonging to the sunflower family. Its leaves and flowers are covered with tiny white hairs making it look woolly.

Edelweiss is a very symbolic flower for many European countries, and was used traditionally in folk medicine to cure diseases.

The flower can been seen on the Austrian two-euro-cent coins!


Tips

- The Edelweiss has small pointy thin leaves.


## Dahlia



The Dahlia, is a big bushy flower, originally found in South America. It is known for its tightly compact pointy petals, often arranged in a perfect circle. It is usually found it red, purple and white.

The Aztecs gathered dahlias for food, ceremonies and for decoration.

The dahlia is the national flower of Mexico.

## Tips

- Roll the long strip around a pencil to help it fit into the lower flower piece.


## Daffodil

The Daffodill, also know as a narcissus, is one of the most popular and easily recognised of all flowers. Known for its trumpet-like centre, it is usually surrounded by a ring of six brightly coloured petals.

Daffodils usually have either yellow, orange or white petals, sometimes found with a mixture of all three!

The daffodil is the national flower of Wales.


Tips

- Roll the long trumpet piece around a pencil to help it fit into the small circle piece.


## Poppy



Tips

- Poppies have big, dark green leaves.
- Roll the long strip around a pencil to help it fit around the lower disk.

The Poppy is a very well known flower across the world. Its flower usually has four to six petals that can be in almost any colour and some even have markings.

The small black poppy seeds are grown and used for foods and medicines. For example, poppy-seed oil is used for cooking!

Poppies are used as a symbol of wartime remembrance, and are often worn by people in the UK in November, as part of Remembrance Day commemorations.


The Orchid is a very beautiful flower.
It is noted for having many small flowers within a single flower, and is usually found in pink, purple and white.

The orchid can grow to a height of 30 cm . It has a very sweet smell that attracts many insects including butterflies.


Tips

- Put the small red flowers into the purple stems before placing them onto the large single flower.

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